

4TH-8TH PREPARTICIPATION PHYSICAL FORM

STUDENT'S FULL NAME: _____ GRADE LEVEL: **4 5 6 7 8**

GENDER: Male / Female AGE: _____ DATE OF BIRTH: ____/____/____

HEIGHT: ____feet ____inches WEIGHT: _____ % BODY FAT: _____%

PULSE: _____ BLOOD PRESSURE: ____/____ BRACHIAL BP WHILE SITTING: ____/____, ____/____

In keeping with the requirements of the Texas Association of Private and Parochial Schools (TAPPS), the physical examination form must be completed prior entrance to high school and prior to athletic participation each year. The form is good for one year from the date of physician signature shown below.

MEDICAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Appearance			
Eyes / Ears / Nose / Throat			
Lymph Nodes			
Heart – Auscultation of the heart in supine position			
Heart – Auscultation of the heart in standing position			
Heart – Lower Extremity Pulses			
Pulses			
Lungs			
Abdomen			
Genitalia (Males Only)			
Skin			
Marfan's stigmata (arachnodactyly, pectus excavatum, joint hyper mobility, or scoliosis)			
MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Neck			
Back			
Shoulder / Arm			
Elbow / Forearm			
Wrist / Hand			
Hip / Thigh			
Knee			
Leg / Ankle			
Foot			
Other as noted			

*station-based examination only

Clearance:

- ☐ Cleared for all participation.
- ☐ Cleared after completing rehabilitation / examination for: _____
- ☐ Not cleared for: _____ Reason: _____

Recommendations:

Provider Name: _____ Provider Address: _____

Provider Signature: _____ Date of Examination: ____/____/____